



The Tropical Thai Spa Experience

Spa Menu

Operation Hours: 10:00 a.m. – 10:00 p.m.
Extension: 8601, 8602.

Sarocho Spa

A hillside location at Sea Sun Sand Resort, Patong beach, Phuket welcomes you to a journey of mind, body and spirit. Rediscover yourself in the beautiful Spa chambers overlooking tropical garden and surrounded by delicate fragrances.

Our Thai Salas set in a tranquil scene enjoying waterfall setting for your relaxation & meditation. Eight treatment rooms are privately designed with its own changing and rain shower.

This contemporary spa provides a full range of face, body and massage treatments at your choice including beauty parlor services.

Sarocho Spa

Frequently Asked Questions

WHAT ARE THE OPENING HOURS OF THE SPA?

The Spa is open from 10:00 A.M. to 10:00 P.M.

WHAT SHOULD I WEAR TO THE SPA?

Wear whatever you feel comfortable in. We will provide you with a bathrobe and pyjamas.

SHOULD I MAKE A RESERVATION IN ADVANCE?

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment.

WHEN SHOULD I ARRIVE?

Please check in at the spa reception at least 15 minutes prior to your scheduled appointment to avoid reduced treatment times.

WHO CAN HELP ME DECIDE HOW TO CHOOSE MY TREATMENT?

Our Spa Manager or Spa Receptionist will help you plan the perfect spa experience, including the best order for your treatment. Spa packages are specially designed to offer you a selection of our most popular spa treatments.

WHERE DO I CHANGE CLOTHES?

You may either change in the spa private suite.

WHAT IF I HAVE SPECIAL HEALTH CONSIDERATIONS?

Guests who have high blood pressure, heart conditions, allergies, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa service. Please notify our Spa Manager or Spa Receptionist of any medical conditions.

WHAT DO I WEAR DURING MY TREATMENT?

Most body treatments are enjoyed without clothing. However, wear what you feel is most comfortable for you. We provide special pyjamas for Thai Massage.

WHAT ABOUT MY COMFORT?

This is your time in the spa and you should delight in it as much as possible. Whether the room is too hot, the music is too loud, the lights too bright or the pressure of the massage uncomfortable...just let us know.

To ensure that guests can enjoy the peaceful sanctuary of Sarocha Spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

WHAT ABOUT MY VALUABLES?

Please leave them in your room. The spa will not assume any liabilities.

SHOULD MEN SHAVE BEFORE THE FACIAL?

Yes, we recommended that men shave a few hours before their facial.

WHAT IF I AM LATE FOR AN APPOINTMENT?

Arriving late will simply limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest is not delayed.

WHAT IF I NEED TO MAKE A CANCELLATION?

A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show"

WHAT ABOUT PAYMENT?

We accept Visa and Master credit cards and cash. You may also charge your treatments to your room. All prices are quoted in Thai Baht. And prices are subject to change without prior notice.

Spa Package

Treatment combinations: Certain body treatments, when taken in combination, can provide greater results than taken separately or individually. So we have specially designed these Spa Packages for your best benefits and optimum spa experiences.

Spa Sampler **1 hr 30 mins 2,000.-**

- Steam or Sauna 15 mins
- Choice of Body Scrub 45 mins
- Tension Relief Massage 30 mins

Body Sharper **2 hrs 2,500.-**

- Foot Baht
- Swedish Massage 60 mins
- Exotic Thai Body Wrap 60 mins

Thai Experience **2 hrs 30 mins 3,200.-**

- Steam or Sauna 15 mins
- Coconut Scrub 45 mins
- Traditional Thai Massage **or** Thai Herbal Healer 90 mins

Romancing (For Lover) **3 hrs 8,000.-**

- Steam or Sauna 15 mins
- Choice of Body Scrub 45 mins
- Choice of Body Massage 60 mins
- Choice of Facial Treatment 60 mins

The Best of Sarocha Spa **4 hrs 5,000.-**

- Steam **or** Sauna 15 mins
- Coffee Body Scrub **or** Coconut Body Scrub 45 mins
- Exotic Thai Body Wrap **or** Mud Body Wrap 60 mins
- Aromatherapy Massage **or** Thai Massage 60 mins
- Aromatherapy Facial **or** Skin Fit for Him 60 mins

All prices are in Thai Baht net, inclusive of 10% service charge and government tax.

Facial Treatment

Treatment that cleanses and improves the complexion of the face using products that best suit a particular skin type, may include gentle exfoliation, steaming to open pores for extraction, application of a facial mask and moisturizer, and a facial massage.

Anti – Stress Facial **30 mins** **1,200.-**

A gentle facial, neck and shoulder massage using pure essential oils. This facial is designed to leaving your skin feeling smooth and invigorated.

Deep Cleansing Facial **60 mins** **1,700.-**

The ultimate in deep cleansing facials includes cleansing, exfoliation, facial massage, and a combination of two facial masks. Especially designed to refresh and nourish your complexion. Recommend for all skin types.

Aromatherapy Facial **60 mins** **1,700.-**

This purely natural aromatic face treatment oil soothes and calms the skin. It also helps regulate moisture balance.

Skin Fit for Him **60 mins** **1,700.-**

You don't have to age gracefully or even apparently! Counteract the aging process with this proven-effective advance treatment specifically formulated for men. Rejuvenating and repairing collagen replenish skin while counteracting aging aggressors. Visibly resurfacing, this mask promotes healthy, youthful skin.

Rejuvenating Facial **60 mins** **2,000.-**

This advance facial treatment combines the benefit of advanced product technology to help repair and regenerate the skin softening the fine lines. A visible difference can be seen in the tonicity of the skin.

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Body Treatment

General term that denotes treatments for the body

Coconut Body Scrub **45 mins** **1,200.-**

A gentle body exfoliation for the most delicate skin, using fine coconut to remove dry and dead skin cells leaving the skin soft, smooth and health.

Salt Glow Body Scrub **45mins** **1,200.-**

A treatment for the exfoliation of dead skin cells using various combinations of sea salt and essential oils to applied the body and leave the skin silky soft.

Coffee Body Scrub **45 mins** **1,200.-**

An exotic blend of coffee grounds and vitamin E provides an energizing and uplifting body treatment that exfoliates your skin.

After-Sun Treatment **60 mins** **1,500.-**

Treatment that soothes skin that has been over-exposed to the sun, and cools the over-heated body, may include a cooling compress and a gentle massage which may include soothing ingredients such as Cucumber and Aloe Vera.

Exotic Thai Body Wrap **60 mins** **1,500.-**

Regenerating treatment in which the body is slathered with clay, the mineral in the clay-which may be mixed with essential oil-detoxify and hydrate the skin, leaving it radiant.

Mud Body Wrap **60 mins** **1,500.-**

This treatment is rich in natural vitamins, minerals and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and stress vanishes, Ideal for those prone to chronic pain or fatigue, rheumatism / arthritis pain and post-sports injuries.

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Body Massage

Therapy that uses manipulative and soft tissue techniques that are generally based on concept of the anatomy, physiology and human function, relaxes, creates a sense of well-being, eases strain and tension, mobilizes stiff joints, improves blood circulation, improve the digestive system, and encourages the removal of toxins from the body, generally delivered by hand, though machines and high-powered jets are also used.

Traditional Thai Massage	60 mins	1,200.-
	90 mins	1,400.-
	120 mins	1,600.-

A technique that involves a unique combination of pressure point and stretching using a range of motion and acupressure technique without the use of oils.

Tension Relief Massage	30 mins	1,200.-
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A back massage to loosen tight muscles in the neck, shoulders and backs.

Foot and Leg Massage	50 mins	1,400.-
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A technique that maintains that the body is divided into body zones, all of which have a corresponding reflex area on the foot, applying pressure to a particular massage point on the foot helps circulation, promotes relaxation and relieves pain in one of the body zones.

Aromatherapy Massage	60 mins	1,400.-
	90 mins	1,700.-

Massage in which essential oils-either pre-blended or specially mixed are applied to the body, typically with Swedish massage techniques.

Swedish Massage	60 mins	1,500.-
	90 mins	1,800.-

A relaxing and invigorating body massage helps to reduce tension, sooth sore muscles and increase circulation.

Deep Tissue “Sport” Massage	60 mins	1,500.-
	90 mins	1,800.-

Deep massage technique to free congestion of the muscle attachments, Muscle function and awareness are balanced, and elasticity is revived.

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Signature Massage	60 mins	1,500.-
	90 mins	1,800.-

Our most aromatic and relaxing massage with essential oil using a combination of strokes and acupressure techniques, this soothing, gentle massage allows healing to promote mental and physical relaxation.

Thai Herbal Healer	90 mins	1,800.-
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This treatment offers two treatments in one; warm herbal compress to increase circulation and soften your muscles fibers and then followed by a body oil massage to create the feeling of rejuvenation.

Hot Stone Massage	90 mins	2,200.-
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Experience the healing power of the hot stone massage. Balance your mind body and spirit with smooth, heated black volcanic stones using body oil massage.

Pregnancy Massage	60 mins	1,400.-
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This massage is especially designed for the mother to be or a brand new mom between over 4 months until 8 months. Our therapist will help to relax and rebalance your body, mind and soul.

Kid Massage	30 mins	1,200.-
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Share the experience with your children, with our range of treatments, the kids will LOVE! for children aged between 6-11 year olds.

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Nail Treatment

Treatment provided by spas to enhance beauty and overall well-being, include manicure and pedicure treatments.

Nail Care

Manicure	590.-
Pedicure	790.-
Royal Manicure & Pedicure	1,100.-

File & Polish

Hands or Feet	390.-
Hand and Feet	590.-

Steam & Sauna	30 mins	800.-
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